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***Sue Ryan Solutions announces launch date for online course:
The Caregiver's Journey***

(Naples, FL September 06, 2022) Sue Ryan Solutions is pleased to announce *The Caregiver's Journey* online course for non-professional caregivers will be launched on September 27, 2022.

The Caregiver's Journey online course is designed to aid the crisis in non-professional/family caregiving. The course provides more than 150 lessons, strategies, and resources to guide non-professional caregivers on their entire caregiving journey from the beginning stages to moving forward after it has come to an end.

Sue Ryan Solutions was founded in 2010 by Sue Ryan with two focuses: guiding business leaders and emerging leaders to become the greatest leaders of themselves and others, and guiding non-professional caregivers to move from feeling frustrated, overwhelmed, and sometimes frightened to confident, balanced, and supported in their journey.

As a three-time International Best-Selling author, leadership coach, professional speaker, and educator, Ms. Ryan knows her subjects as she has lived and navigated both the executive corporate world and life as a caregiver at the same time.

"I've been a non-professional caregiver for family and loved ones for nearly 40 years, navigating the phases of caregiving from before the journey begins to moving forward after grieving the loss of our loved one," said Ms. Ryan. "I created this course for caregivers to feel empowered to navigate their journey, find answers to questions they don't even know to ask, move from feeling frustrated, overwhelmed - and yes, sometimes frightened - to confident, balanced, and supported in their caregiving journey."

According to Ryan, In the United States alone, there are currently more than 60 million family caregivers. This course is designed for anyone who is a caregiver or may become one in the future.

The Caregiver's Journey online course is self-paced. Each lesson and resource focuses on one topic. Most are five minutes or less in length in respect of the busy lives of caregivers. The course includes lessons learned, guidance for consideration, practical tips, and support resources.

The Caregiver's Journey online course will be available starting September 27, 2022. Respecting the financial burden of caregiving, the price of the course has been kept at an affordable rate of \$129. For more information on *The Caregiver's Journey* online course, visit <https://tinyurl.com/TCJCourseinterest> or email sue@sueryan.solutions.