



EMERGE



Emerge guides you to become your greatest leading yourself and others.

Throughout this 6-week program you'll clarify, choose, and create 'you'. You'll emerge inspired with confidence in yourself, ownership of your amazing unique potential and possibilities, and clarity with your next steps forward.

Change is continuous in our lives. You'll know how to embrace emerging throughout your life, so you live your best life where you are in each season of your life.

WHY EMERGE?

It's easy for us to put our heads down and work on what we're doing.

It's reasonable some of us DO have great clarity about the path we choose to take in our lives and some of us DON'T have clarity.

It's sometimes surprising when we're on our path and realize we either aren't on the path we want to be on - or we're no longer clear about our path forward.

It can be frustrating when we're on our path and aren't sure what step to take next.

It can be so overwhelming when we realize this, we spiral into thoughts and emotions that hold us back from taking not just our next step, they hold us back from taking our best step.

It doesn't have to be this way. We're not meant to live this way.

THE 3 PHASES OF EMERGE

Clarify - Understand yourself in a meaningful way so your personality, purpose, beliefs and values support - not sabotage you.

Choose - Gain clarity and choose what you want more and less of in your life.

Emerge - With clarity on who you are and what you want, create the vision of your path forward, how you'll achieve it, and how to emerge throughout your life - in all areas of your life.



Emergence



WHY YOU?

Emergence invites you into the unquenchable curiosity of the best version of you.

You'll learn to uniquely embrace exploring and emerging throughout your life.

Clarity with your personality, purpose, beliefs and values will guide and support you.

You'll know how to recognize the signs you're in a transition period.

You'll have resources to use when realize you're ready to make a change in any area of your life.

You'll embrace life transitions for their potential and possibilities.

You'll know what stepping in to the best version of you - with the confidence of claim - looks and feels like.

You'll enjoy feeling great about yourself and satisfied with your accomplishments in each season of your life.

WHY ME?

I can relate! I began my professional career path with confidence and clarity. Literally, a swift kick in the knee instantly took that away. All of a sudden I was both without a clue what I wanted to do - and how to figure it out.

Further into my career, I reached the pinnacle of excellence in our industry. When I was just about to be recognized for my performance, I was struck with the realization this was not the path I wanted to continue.

I began exploring with unquenchable curiosity, being open to considering whatever came up for me, studying myself physically, emotionally, spiritually, and professionally.

I emerged and continue to emerge today.

I learned this first for me and now I'm sharing it for you. I want you to know how to explore more quickly and easily than I did, be open to what you learn about yourself - without judgment - know how to choose what else is possible for you, and continue exploring - and emerging - throughout your wonderful, amazing life!